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Stress Levels and Risks among Casino Employees in Bulgaria

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The aim of this study was to measure the stress level and the risk of developing high levels of stress among female and male casino workers in Bulgaria. This quantitative study was conducted on 388 casino employees (221 women and 167 men) from 18 casinos, who completed Perceived Stress Scale questionnaire. The results show higher stress levels and risks of developing stress among the group of female casino workers.

Key words: work stress, casino workers, gender, Perceived Stress Scale.